

From Suspicion to Submission – Occupational Lung Diseases in the South African Mining Industry

by Dr Vanessa Govender

Managing occupational lung diseases from suspicion through to the prevention, investigation, diagnosis, fitness-to-work evaluation, submission for compensation and ongoing care requires in-depth clinical acumen and tools to equip the clinician. This handbook, *From Suspicion to Submission – Occupational Lung Diseases in the South African Mining Industry*, is written by Dr Vanessa Govender, a specialist in occupational medicine who has navigated a mining medicine journey spanning more than 30 years.

Published by [MettaMedia](#), the handbook is a comprehensive overview of a range of the commonly diagnosed occupational lung diseases in the South African mining industry, enriched by insights and contributions from world-class experts.

The occupational lung diseases covered in this handbook are:

- Pneumoconioses – silicosis, asbestosis, coal workers' pneumoconiosis, mixed dust pneumoconiosis
- Tuberculosis (TB), including TB complications and post-TB lung disease
- Chronic obstructive pulmonary disease
- Systemic sclerosis
- Work-related asthma
- Lung cancer
- Asbestos-related diseases

The handbook comprises eight well-referenced chapters, which include comprehensive details regarding the compensatable occupational lung diseases, post-mortem examinations, and benefit medical examinations; the latter is presented in a practical question-and-answer format. Set within current South African occupational health laws and policy frameworks, pulmonary function and other medical tests, and the radiographic classification of the pneumoconioses, are discussed. A glossary of terms and definitions, with numerous descriptive tables and figures, insights, case studies, and key concepts provide the reader with a unique experience, making this handbook a blueprint for occupational medicine practitioners in South Africa, as well as those occupational health professionals working across its borders. The handbook's elaborative content and quick reference guides have value for non-medical professionals from the engineering, occupational hygiene, communications, human resources, and legal disciplines, and for mining executives, mineworkers, and their families.

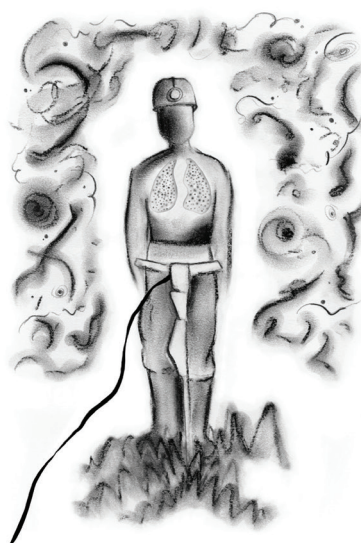


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FROM SUSPICION TO SUBMISSION

Occupational Lung Diseases in the South African Mining Industry



For Occupational Medicine Practitioners in South Africa and Beyond

Vanessa Govender

From Suspicion to Submission – Occupational Lung Diseases in the South African Mining Industry will benefit mineworkers (current, former, and deceased) as occupational health professionals will be inspired to use science to drive policy decisions, thereby enhancing workplace practices.

This handbook is dedicated to all workers who mine – past, present, and future.

For further information, or to purchase the book, contact Dr Vanessa Govender at vanessa@masakhanehealth.co.za. [📧](#)

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